

Health Goals and Associated Strategies from the Minnesota Healthy Planning Training and How-To Guide

This matrix demonstrates how the strategies are related to multiple health goals.

	Healthy housing for all household sizes and incomes	Access to affordable healthy foods	Reduced exposure to air pollutants, hazardous materials, and/or nuisances	Increased physical activity	Increased access to greenery	Increased safety of pedestrian, bicycle, motorists	Secure communities	Climate resilient communities
Housing-cost burden	X	X						
Life-cycle housing	X							
Green & healthy buildings	X							X
Traditional neighborhood development (TND)		X		X		X	X	
Brownfield cleanup and redevelopment of underutilized sites			X					
Separated incompatible land uses			X					
Complete Streets				X		X		
Transit-oriented development (TOD)				X		X		
Traffic calming and other road safety measures				X		X		
Bicycle and pedestrian plan				X		X		
Travel demand management (TDM)			X			X		
Trail access				X	X			
Tree canopy maintenance and preservation					X			X
Views of greenery					X		X	
Park provision				X	X			
Crime Prevention Through Environmental Design (CPTED)				X			X	
Local food production and sale		X						X
Urban heat island mitigation								X
GHG emission reductions			X					X
Stormwater management								X

